

LABORERS
HEALTH &
WELLNESS



2024 - 2025

FLU SHOT CLINICS

For dates and locations
see reverse.

**SAVE
THE DATE!**



2025 | BENEFITS DAY

**SATURDAY APRIL 26, 2025
8 AM - 1 PM**

JOIN US AT THE LABORERS TRAINING CENTER
2350 MAIN STREET, LINO LAKES, MN 55038

**PICK
3**



**Preventive
Physical**

(Authorized Stamp,
Billing Statement
or *EOB Required)



**Preventive
Dental Visit**

(Billing Statement
or *EOB Required)



**MN Laborers
Clinic Visit**

In-Person or Virtual
Schedule an appointment
952-687-8100
(Authorized Stamp Only)



**Flu
Shot**

(Authorized Stamp,
Billing Statement
or *EOB Required)



**The Health &
Benefit Fair**

Attend the Health &
Benefit Fair April 20th, 2024
(Authorized Stamp Only)



**Vision
Exam**

(Billing Statement
or *EOB Required)

*Note: Only health services rendered from 4/1/24 through 3/31/25 are eligible.
Explanation of Benefits (EOB) required and provided by service provider or health plan.

**GET
1**



**RED WING
SHOES**
EST. 1909

Active Members Only

- \$150 Voucher
- Visit an authorized Red Wing Shoes Dealer
- Choose from a variety of options
- Visit: www.redwingshoes.com



Active & Retired Members

- Large multi-use duffel and travel bag
- Made in the USA / Lifetime Warranty
- Black with shoulder strap

All prizes provided by Minnesota Laborers-Employers Cooperation & Education Trust

Don't wait for the flu to find you this season!

Work toward your **PICK 3 GET 1** reward by getting a **FLU SHOT**
at one of the Minnesota Laborers Flu Vaccine locations.

2024 Flu Shot Clinics

The **Minnesota Laborers Health & Welfare Fund** is making seasonal **Flu Shots** available for current Minnesota and North Dakota Laborers Union members and their eligible family members 2 years and older. **Call your local union hall to pre-register.**

Schedule your Flu Shot today!

DATE	LOCATION	TIME	PHONE
Thursday Sept 12, 2024	Local 1097 - Grand Rapids - Moose Lodge	4:00-6:00 PM	218-741-3638
Thursday Oct 3, 2024	Local 563 - St. Cloud - St. Cloud Union Hall	3:00-5:30 PM	320-252-4363
Monday Oct 7, 2024	Local 563 - Minneapolis - NEW LOCATION! <i>620 12th Ave. South, Minneapolis, MN 55415</i>	2:00-6:00 PM	612-781-6933
Tuesday Oct 8, 2024	Local 405 - Rochester - Rochester Union Hall	3:00-5:00 PM	507-282-2349
Thursday Oct 10, 2024	Local 563 - Mankato - Mankato Union Hall	3:00-6:00 PM	507-388-3466
Thursday Oct 10, 2024	Local 1097 - Virginia - Virginia Union Hall	4:00-6:00 PM	218-741-3638
Thursday Oct 17, 2024	Local 1091 - Duluth - Duluth Union Hall	3:00-7:00 PM	218-728-5151
Monday Nov 18, 2024	Local 563 - Bismarck ND - Bismarck Union Hall <i>2210 East Broadway Ave, Bismarck, ND 58501</i>	4:30-6:30 PM	701-223-5991

MINNESOTA LABORERS -
EMPLOYERS COOPERATION & EDUCATION TRUST
81 E. LITTLE CANADA ROAD
ST. PAUL, MN 55117

laborersfunds.org

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PERMIT #00000
TWIN CITIES, MN

Or schedule a visit at your **LABORERS HEALTH AND WELLNESS CLINICS** to get your flu shot.

LABORERS HEALTH AND WELLNESS CLINICS

Eagan Clinic - 1519 Central Parkway, Eagan, MN 55121

Hugo Clinic - 14665 Mercantile Drive N., Hugo, MN 55038

Rogers Clinic - 13785 Rogers Dr., Rogers, MN 55374



952.687.8100

2024 LABORERS FLU CLINIC PROTOCOLS:

- Do not attend if you are experiencing any flu like symptoms.
- **Pre-registration is required** - to ensure sufficient flu vaccinations for each location.
- Please provide LIUNA Membership Card & Laborers H&W Identification Card.
- Ages 65+, please indicate your intent of High Dose flu vaccination when scheduling.
- No Flu Shots administered to children under 2 years old.
- Consult your health care professional with regard to flu shot information.
- Walk-ins welcome, but subject to vaccine availability. Please pre-register if possible.