



## FITNESS REIMBURSEMENT PROGRAM

### GET FIT

The Minnesota Laborers Health and Welfare Fund offers a Fitness Program with Healthy Contributions and administered by Zenith American Solutions. The program is offered to any active or retired participant with the Fund. Members or dependents must be age 18+ and eligible during the month in which they worked out at a fitness facility. Participation is limited to a maximum of 2 participants per household.

#### To participate in the program

The participant must enroll in the program and visit a fitness facility participating with Healthy Contributions. Eligible participants who work out at least eight (8) times per month will receive up to \$20 reimbursement per person per month or a maximum of up to \$40 per household per month.

#### To find a fitness facility participating with Healthy Contributions, please visit:

<https://healthycontributions.com/home/clublocator>



### DID YOU KNOW?

In addition to working out, staying healthy includes getting an annual physical and a flu shot. Schedule both at any of the new Laborers clinics in **EAGAN, HUGO** or **ROGERS** by calling **952-687-8100**.

*See the reverse side for more information, including clinic hours.*

**If your fitness facility participates with Healthy Contributions,** Please ask them to login to [www.healthycontributions.com](http://www.healthycontributions.com) and enroll you in the Minnesota Laborers Health and Welfare Fund Fitness Program.

**If your fitness facility is not participating with Healthy Contributions,** Please refer them to [www.healthycontributions.com](http://www.healthycontributions.com) or (800) 317-2739 for information on becoming a participating facility.

**If additional assistance is needed regarding the Fitness Program,** Please contact Zenith American Solutions Fitness Program specialist at (651) 300-1341 from 7:30 a.m. to 4:30 p.m. Monday – Friday.



We've opened three new  
**MINNESOTA LABORERS HEALTH & WELLNESS CLINICS.**

## GET FIT!

See the reverse side for the New  
*Fitness Reimbursement Program.*  
Make 2021 the year where you get  
healthy on the inside and outside.

The modern, professional clinics offer a broad range of non-emergency preventive and primary care services and are dedicated solely to the health needs of the Fund Participant and their dependents 18 months or older.

All clinic visits, lab services, and commonly prescribed medications (provided during the clinic visit) are offered AT NO COST to the Fund Participant. No office visit charge, no co-pays, no follow-up paperwork.



### HUGO CLINIC

14665 Mercantile Drive N.  
Hugo, MN 55038

#### HOURS

Mon, Wed, Fri-9:30am to 6:00pm  
Tues, Thurs-8:30am to 5:00pm  
Saturday & Sunday-Closed



### ROGERS CLINIC

13785 Rogers Dr.  
Rogers, MN 55374

#### HOURS

Mon, Wed, Fri-8:30am to 5:00pm  
Tues, Thurs-9:30am to 6:00pm  
Saturday-8:00am to 11:30am  
Sunday-Closed



### EAGAN CLINIC

1519 Central Parkway Suite 110  
Eagan, MN 55121

#### HOURS

Mon, Wed, Fri-8:30am to 5:00pm  
Tues, Thurs-9:30am to 6:00pm  
Saturday-8:00am to 11:30am  
Sunday-Closed

POWERED BY



HealthPartners®

**MAKE AN APPOINTMENT BY PHONE 952-687-8100**

When calling to make an appointment, please identify yourself as a MN Laborers participant making an appointment for one of the Laborers Health and Wellness Clinics in Hugo, Rogers, or Eagan.

**[MNLaborersHealthWellnessClinics.org](https://MNLaborersHealthWellnessClinics.org)**